



## C.A.T. WALK & FUN RUN 2019

# JOIN THE FIGHT, RAISE FUNDS, AND WIN PRIZES!

Join us in the fight to eliminate barriers to cancer care, and start fundraising today!

### Set up your page at:

[www.crowdrise.com/CATWalkFunRun2019](http://www.crowdrise.com/CATWalkFunRun2019)

Here are some quick tips to get your fundraising started.

- 1.) Start Now:** The earlier you begin fundraising the more you will raise!
- 2.) Make your first donation:** Kick start your fundraising by making a gift to your page. This will get the momentum going.
- 3.) Share, share, share:** Make sure to share your page with friends and family regularly. You can share your page on social media, email and text is also a great way to encourage people to give.
- 4.) Just ask:** You will be surprised at how many people are willing to help!

### Questions?

Contact Sara Fisher  
sara.fisher@tuality.org  
503-681-1770

### CHECK OUT THE PRIZES BELOW!

Raise \$30 get a \$5 gift card from the Human Bean

Raise \$100 get a C.A.T. Walk & Fun Run aluminum water bottle

Raise \$250 get a pair of wireless headphones

Raise \$500 get a folding camping chair

Raise \$1000 get a \$100 Amazon gift card



*Raise \$100 in honor of those touched by cancer and win an aluminum water bottle!*